

## Non-Profit Charity

The Regina Senior Citizens' Centre Inc. fosters and delivers programs and services to people 55+ to sustain independent, healthy and active lifestyles. RSCC is an incorporation of three entities:

- Winnipeg Street Centre  
2134 Winnipeg Street
- Elphinstone Street Centre  
2404 Elphinstone Street
- Home Help Service which provides services to help seniors continue to live independently in Regina.

## Sponsors

RSCC Home Help Services is subsidized by:



## Information Referral

Our agency acts as an Information Referral Direction Service.

Our staff can help identify people who require additional assistance from other agencies.

## Membership

Memberships go a long way in enabling the RSCC to provide well-trained Home Help Services staff.

A membership provides:

- Priority service
- Monthly newsletter
- Member pricing for activities at both centres

Membership fee is \$30.00 per year.

Early Bird Rate:

\$25.00 from Sep 1st to Nov 30th



## Home Help Services

**Independence Club  
Companionship Visits  
General Housekeeping  
Lawn Care  
Yard Maintenance**

Regina Senior Citizens' Centre  
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[cindyrsc@myaccess.ca](mailto:cindyrsc@myaccess.ca)

[www.reginaseniorcitizenscentre.ca](http://www.reginaseniorcitizenscentre.ca)

## Independence Club

Providing assisted transportation to appointments, shopping and personal errands.

## Companionship Visits

Helping clients stay mentally healthy and alert by engaging in conversation and small activities like puzzles or cards.

## General Housekeeping

Scheduled times are based on your availability and you will have the same housekeeper each time. We clean on a weekly, bi-weekly, or a monthly basis.

### General housekeeping duties include:

- Clean kitchens & bathrooms
- Dust furniture, doors, doorways & baseboards
- Vacuum furniture & carpets
- Wash floors
- Laundry & bedding



## Yard Maintenance

Services include:

- Rake leaves
- Clean eaves-troughs
- Wash outside windows
- Yard cleanup
- Trim tree branches
- Tree banding
- Snow removal



## Lawn Service

Lawn cutting is provided on a weekly, bi-weekly, monthly or on one-time basis.

Service includes:

- Lawn cutting
- Trim grass around edges of yard trees & sidewalks
- Sweep driveways

## Fees For Services

### Housekeeping

- \$20.00/hour for people who receive no income supplements
- \$16.50/hour for people who receive Guaranteed Income Supplement
- \$15.00/hour for people who receive Guaranteed Income Supplement *and* Saskatchewan Income Supplement

### Yard and Lawn Services

- \$27.00/hour/worker for people who receive no income supplements
- \$23.00/hour/worker for people who receive Guaranteed Income Supplement
- \$19.00/hour/worker for people who receive Guaranteed Income Supplement *and* Saskatchewan Income Supplement

### Tree Banding

- \$50.00 for up to 3 trees, each additional tree \$10.00

### Companionship Visits

- \$20.00/hour

### Independence Club

- \$20.00/trip